

## How do you say "I'm sorry"?

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Illustrated by Jenny Meilihov

### Dear Parents,

"When Elad cried, Noam suddenly felt bad and wanted to say "I'm Sorry"... but the "sorry" wouldn't come out of his mouth."

### Sorry

It is so difficult to admit you were wrong and say you're sorry, and so important to learn how to do.

How do you correct a wrong, how do you say "I'm sorry"?

Young children are only just learning to control themselves, and do not always behave well.

Jewish tradition emphasizes every person's ability to recognize their mistake, and choose the right path, while also emphasizing the other party's duty to be sensitive to those who do wrong, and allow them to move on, and make amends.

As parents, we can serve as our children's role models – admit when we are wrong, say we are sorry, and know that admitting our mistakes and moving on is the best way to go.



## Proposed Family Activities

- ❖ You may enjoy looking at the illustrations together. Which toys do Noam and Elad play with? What does your child enjoy playing with – be it with their siblings, friends, or on their own?
- ❖ "Noam didn't mean to fight with Elad, Noam didn't mean to slap his hand": You may want to ask your child how it is that Noam did not mean to fight and slap? Have you ever had a similar experience?
- ❖ We all make mistakes sometimes. You may want to share an incident with your child in which you felt the need to say you're sorry. Was it difficult for you to do? How did you feel after apologizing?
- ❖ You may enjoy looking at the final illustration, and reflect together about the final lines of the story. Why are both brothers happy? Who, in your opinion, is happier?
- ❖ Noam and Elad are brothers, but they're also best friends. Who is friends with your child? What do they enjoy doing together? After reading this story, you may want to invite a friend of your child's over to play.

